

## **Would you like to experience more “good luck” in your business or life?**

Most people would immediately say, “Yes!” In my book, **“Wings To Fly,”** I take a look at how to produce more good luck in your life. This is just one subject. **“Wings To Fly”** provides daily insights, one for each day of the year, ranging from relationships to productivity to self-confidence to name just a few

Let’s look at luck. Seneca, the Roman philosopher said that “Luck is when preparation meets opportunity.” Yet, many people never prepare to be lucky. They are into blind luck or dumb luck. Both are truly a matter of chance. There really isn’t much difference.

A person with blind luck never sees the opportunity. It just happens. A person with dumb luck does something that is stupid or dangerous and against all odds they don’t get hurt. In one way both blind and dumb luck are the same. In each case, nobody saw the luck coming.

Still, luck for most of us is when preparation does meets opportunity. When people meet or see a person who they see as lucky they think that in some mysterious way luck is attracted to them. And the answer is yes, luck is attracted to them and yet, they don’t understand why.

Luck is attracted to these people because they are constantly improving themselves through increasing their skills and developing new disciplines.

The river of life, and the opportunities it holds, flows by all of us. If you keep developing your skills and disciplines, you will swim better

Personal development in expanding your skills and disciplines will prepare you for more luck.

In **“Wings To Fly”** you will find daily insights into a variety of topics from luck, to being out of order, to accumulation, to attitude, to relationships, to confidence, to self-esteem, to productivity and making better decisions, to name a few, in creating your own path to take your life to a higher level.

Act now and purchase your copy of **“Wings To Fly”** to begin your daily lift off to soar to greater heights and a better you!**Create your own good luck!**

## Are you the little bird?

In my book, “**Wings to Fly**” I tell a shortened version of the following story. The story revolves around how we can set ourselves up for harm and failure without realizing that we are doing it. When we do, the consequences can be disastrous. Here’s the story.

The owl and his friend, the little bird, were perched on a branch together. The wise owl kept looking over at the little bird who had a wing over his right eye and was crying. He kept thinking about what to say. He could see that the little bird was very upset and was crying uncontrollably. He was waiting for the little bird to tell him how come he was so upset and crying.

Finally, he thought, “I will just ask him a simple question.” He turned to his friend, the little bird, and asked him; “Why are you crying?”

The little bird looked up at his friend the owl and removed his wing from his right eye. The owl was shocked. He could see that the little bird had lost his right eye. The owl knew that the little bird had been with his friend, the big bird and they had had an argument.

The owl said, “I can see you are upset because the big bird pecked your eye out.”

The little bird through the sobs and the tears looked at the owl and said, “No I am not upset that the big bird pecked my eye out. I am upset because I let him.”

The little bird was upset because he had allowed a situation to get worse. And, in the process, by not taking the action to protect his best interests, he had become a victim. As a victim, he felt disempowered and incapable of moving forward.

Quite often in life, we allow others to peck away at us and destroy our self-esteem. In the process, we become victims. We become angry. To move forward in your life, recognize when you are leading yourself down the path to being a victim. Stop. Do what is right to preserve yourself. After all, the only way you can be best for others is to first be best for yourself.

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Get your copy of “**Wings To Fly**” now and begin your daily lift off to soar to greater heights. **Be the best for yourself!**

## Do you know your position?

Know your position for a more rewarding life. It is discouraging to have talents and not to have them recognized or used.

In **“Wings To Fly”** your daily lift off to soar to greater heights I explore how to position yourself for greater success and happiness. Too often, we think we know our position and are playing it, when in truth, we are experiencing unhappiness because we are playing out of position.

When you are playing the right position for you and playing it well is when your talents and character come together to move yourself and others forward. When you are playing out of position in business and life it is difficult to have satisfaction and happiness. And, without either, life is not fun. It becomes like walking through a swamp.

To get out of the swamp position yourself for success and happiness. Take stock of your talents and character. You can further develop your talent and character.

To do that you must understand your unique arrangement of gifts, talents and resources. You must be clear about who you are. Otherwise, in the great play that is life, you can be miscast in the wrong role.

Developing your talent and character is what it takes to find an opportunity where you get to play the right position. But there is something you must do to develop your talent and character. You must do “a little bit more.”

Knowledge is good. Skills are good. Habits are good. But with the right attitude, “I will do a little bit more,” you can enhance all three.

When you do this, not only will you know your position, people will want you to play in a position that utilizes your gifts and talents. And you will increase the odds of finding a position that you will play very well.

Take yourself to a more rewarding life. Know your position. Do “a little bit more.”

In **“Wings To Fly”** you will find daily insights into a variety of topics from how to play in position, to attitude, to relationships, to confidence, to self-esteem, to productivity and making better decisions, to name a few, in creating your own path to take your life to a higher level.

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## Don't think about the green elephant?

In the book, **“Wings To Fly”** I explore the value of talking positively. At first, you would think that talking positively is straight forward. It is. Yet, with many things that seem obvious including positive talk, we fail to realize that what we may think is positive is actually negative.

An example of this mistake in positive talk is when someone is telling you possibly some of the following:

- Don't spend too much money.
- Don't think about your past failures.
- Don't spend too much time.
- Don't do this or that.
- Don't think about your future success because that will take you away from your focus on the present.

Just like the phrase, “Don't think about the green elephant,” your mind can't negate, cannot get rid of thinking about a green elephant.

The word “don't” is already a negative even when it is being used to warn or caution someone. For example, instead of saying, “Don't speed on the roads” say “I want you to drive the speed limit.” The second statement is better than the first. It asks you to focus on legal behavior while driving, not illegal behavior.

The word “don't” actually can weaken your resolve to accomplish something. When someone says “Don't do it this way” it lessens your incentive to do anything for fear of future criticism.

As a result, “don't” can sabotage your desire to act on your goals and to accomplish them on your path to improvement. “Don't” is about fear. It is about avoiding something and not about taking the positive action to do something.

To have greater success, minimize the “don'ts” in your life. Drive away the fears and the green elephants. State what you want and you will be more likely to accomplish what you desire.

In **“Wings To Fly”** you will find daily insights into a variety of topics from your self-talk, to the language for success, to luck, to being out of order, to accumulation, to attitude, to relationships, to confidence, to self-esteem, to productivity and making better decisions, to name a few, in creating your own path to take your life to a higher level.

Get your copy of **“Wings To Fly”** now and begin your daily lift off to soar to greater heights. **Don't think about it. Do it!**

## Everything matters!

Why? Because you must be aware of everything that influences your life. If you don't have this awareness, it will be hard for you to correct your direction to get to your destination.

Successful living is one of the areas in the book **“Wings To Fly”** that I explore in many different areas. Let's get back to the statement; “Everything matters!

Here are some common things I hear.

- “I live in this neighborhood but I don't think it matters.”
- “I'm around these people but I don't think it harms me.”
- “I hate my job, but it pays well so how I feel about it doesn't matter.”
- “My health is poor but I can live with it so I am not going to do anything to improve it because it doesn't matter.”

The list could go on and on. You get the idea.

Everything matters! The reason is that everything in your life amounts to something. Whether it be your relationships, your job, your neighborhood, how you choose to live, or how organized you choose to be. It all matters.

It all matters because everything is a reflection to yourself and others of “who” you are. The question you must ask: Is this reflection tipping me toward a positive life or a negative one?

To change the reflection to a more positive image identify an area to improve. I suggest that you start with something small. Maybe your toothbrush is not in the ideal spot in the bathroom. Change it.

With one successful change, you build momentum for another change. Start with mastering the small changes. As you build confidence you can move onto the bigger ones. All change small or large is important.

Why? Because everything matters.

The above is a sample of the type of readings you will find in my daily reader, **“Wings To Fly.”** They are short, less than a page ask you to devote 1 to 3 minutes a day to your self-improvement.

In **“Wings To Fly”** you will find daily insights into a variety of topics from everything matters, to luck, to attitude, to relationships, to confidence, to self-esteem, to productivity and making better decisions, to name a few, in creating your own path to take your life to a higher level.

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## How are you directed?

There are three possible types of direction exerted on you at any one time.

In **“Wings To Fly”** your daily lift off to soar to greater heights I discuss the three types of influence that can determine your direction in business and life.

Let’s take them one at a time.

The first way you can be directed is by others- other directed. Essentially you are directed by other people.

The second way you be directed is to be outer directed. You are directed by outside circumstances or things. For example, an unexpected medical emergency or events either scheduled or spontaneous.

The third way you can be directed is to be inner directed. This is where you are making the choices.

All of these can be influencing you at the same time as you go throughout your day. And, none of them by themselves is bad.

Other directed and Outer directed you really have no control over. You experience them. Yet how you experience them is determined by your Inner direction.

Being Inner Directed, in spite of circumstances, people and things is critical to your well-being and success. If you lose your sense of inner directedness from the influence of other people and outside circumstances you can feel like things are spinning out of control. Learn the art of being “inner directed.” You will have a greater sense of harmony and serenity.

Here’s another benefit to inner directedness. You will feel empowered. When you feel empowered you are primed to become more, accomplish more and be in position to take advantage of more of the opportunities life has to offer.

In **“Wings To Fly”** you will find daily insights that put your focus on being more inner directed. Some topics to support you on your journey to greater inner directedness are luck, to attitude, to relationships, to attitude, to confidence, to self-esteem, to productivity and making better decisions, to name a few, in creating your own path to take your life to a higher level.

Act now and purchase your copy of **“Wings To Fly”** to begin your daily lift off to soar to greater heights and a better you!**Become more inner directed!**