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How Are You Leading Yourself?

## **Questions for Reflection and Evaluation**

The story of the man, the boy and the donkey highlights how important it is for us to have a clear vision of how we are leading ourselves. If you don't have a clear vision it will be hard enough to lead yourself to the success you desire, let alone leading others to support you.

Let's take a look at the five circles of life:

- 1. Spiritual—being in alignment with yourself and who you are
- 2. Family—check those family relationships and how you can make it work better for you
- 3. Business—pick an area or areas where you will commit to improvement
- 4. Financial—Is there something that needs to be cleared up or improved?
- 5. Personal—How are you feeding your mind mentally? How are you taking care of yourself physically? And, what are you doing that is fun for you?

Now take each one of these areas and ask yourself how you are leading yourself in each area. And, ask yourself how you are going to lead yourself better.

. Spir	itual—How Am I leading myself now? How can I lead myself better?
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Fam	nily— How Am I leading myself now? How can I lead myself better?
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